The Effects of Konar Extract on Kidney Cell Line in Cell Culture

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Abstract— There are reports indicating that some plant extracts can affect on cell proliferation in cell lines in vitro. This study was exerted to determine the effects of Konar (Ziziphus Spina Christi) extract on viability of embryonic kidney (HEK) cell line. In this laboratory experimental study, HEK cell line was divided into 6 groups including control, and groups receiving Ziziphus Spina christi extract in 10mg/ml, 1mg/ml, 0.1mg/ml, 0.01mg/ml and 0.001mg/ml doses. After 48 hours the viability of cell line was measured using MTT assay. The data was analyzed using ANOVA. Our findings show that viability of HEK cell line decreased significantly only in groups exposed to 10mg/ml of extract (P<0.05). The results show that low doses of Ziziphus Spina christi have no significant effects on proliferation of HEK cells in cell culture, according to which, it is speculated that the low doses of the extract have no impairing effects on normal cells.

Index Terms--- Konar, Viability, HEK.

I. INTRODUCTION

HEK 293 cells that stands for human embryonic kidney cells are specific cell line originally isolated from human embryo kidney cells (from an aborted human embryo), grown in tissue culture. This particular line was initiated by the transformation and culturing of normal HEK cells with sheared adenovirus 5 DNA. The transformation resulted in the incorporation of approximately 4.5 kilobases from the viral genome into human chromosome 19 of the HEK cells. These cells are popular for their ease of growth and transfection, making them a common cell culture in biological research. And their high transfection efficiency help to produce exogenous proteins or viruses for pharmaceutical and biomedical researches. HEK 293 cells are useful for many transfection experiments, particularly the propagation of adenoviral-based and retroviral-based vectors. Embryonic kidneys heterogeneous mix of almost all the types of cells present in the body. In fact the cells may be neuronal in origin, although most cells derived from an embryonic kidney would be endothelial, epithelial or fibroblasts. Neuronal origin is suspected because of the presence of mRNA and gene products that typically found in neurons[1]-[4].

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Nowadays plants extracts have attracted the researcher's attention because of their significant impacts on organs, tissues and cells. Z. spina-christi L., commonly known by the Persian name, "Konar" or "Sedr", is an armed shrub or tree, which widely growth in the southern of Iran. Ziziphus spina-Christi known as christ's thorn is a native plant that grows in tropical and subtropical regions specially in Middle East. It belongs to the Rhamnaceae family in the order of Rosales containing about 60 genera and more than 850 species. The plant fruit is edible sweet drupe and its leaves have been used as stomachic, emollient, antiulcer, disinfectant and antifungal in the Iranian traditional medicine.[5],[6] The antibacterial, antiviral and antidiabetic effects of the extracts or fractions of the leaves of this plant has been demonstrated. [7], [8]. The cytoxic effects of Z. spina-christi on cancer cells have been shown in recent studies [9]. Zizyphus spina-christi extract protects against aflatoxin B1-initiated hepatic carcinogenicity. [10] This study was exerted to determine the effects of Konar extract on viability of HEK cell line.

II. MATERIAL AND METHODS

A. Extract preparation

Ziziphusspina christi extract was prepared and different concentrations of extract (10mg/ml, 1mg/ml, 0.1mg/ml, 0.01mg/ml and 0.001mg/ml) were used in our study.

B. Protocol of Study

We used MTT assay in this work to determine the effects of *Xanthium strumarium* extract on L929 cells viability in cell culture. Briefly, the procedure was carried out in the following steps:

DAY ONE: 100 µl of cells was added into each well (96 well plate) and incubate at 37 with 5% co2 overnight.

DAY TWO: The media was removed and extract was added and incubated at 37 with 5%co2 overnight. For control 10%FBS was added to media.

DAY THREE: extract was removed from media. 20 μ l of 5 mg/ml MTT was added to each well and incubated for 4 hours at 37oC. 150 μ isopropanol was added and covered with tinfoil and agitate cells on orbital shaker for 15 min. Absorbance was read at 570 nm with a reference filter of 630 nm and recorded.

C. Statistical Analysis

Statistical significance was evaluated by one-way analysis of variance (ANOVA) using SPSS 19. Differences with P<0.05 were considered significant.

III. RESULTS

Figure I shows the viability of HEK cells in response to different doses of *Ziziphusspina christi* extract.

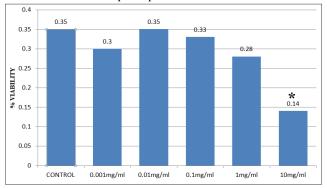


Fig I. Viability of HEK cells in response to different doses of Ziziphusspina Christi extract. * indicates significant difference (P<0.05) compared with control group.

The results of the present study show that viability of HEK cell line decreased significantly only in group exposed to 10 mg/ml dose of extract compared with control group, but other concentrations could not significantly influence cell viability.

IV. DISCUSSION

The results show that low doses of *Ziziphus- spina christi* have no significant effects on proliferation of HEK cells in cell culture. In other words, low doses of *Ziziphus- spina christi* have not cytotoxic effects on HEK cells.

The studies show that Z. spina-Christi extract has anti-cancer effects and induces significant inhibition of DNA synthesis. Moreover, the results indicate that treatment of the cells with Ziziphus-spina christi's extract induces apoptosis [11]. The effects of Ziziphus jujuba fruit (ZJ) extract on the pharmacokinetics of phenacetin, a typical substrate of a cytochrome P450 enzyme CYP 1A2, also has been demonstrated in rats [12]. Zizyphus spina-christi protects against carbon tetrachloride-induced liver fibrosis in rats. [13] The studies also have shown the insulinotropic and subsequent hypoglycemic effects of Zizyphus spina-christi leaves which may be due to a sulfonylurea-like activity. [14] Despite various effects of Zizyphus spina-christi on different tissues and particularly on cancer cells, in our study, low doses of the extract did not show cytotoxic effects on normal kidney cell line, indicating that the extract can be used as a drug against tumors without cytotoxic effects on normal cells. However, further researches are required to confirm that Zizyphus-spina christi extract has no cytotoxic effects on other normal cells.

V. CONCLUSION

The results show that low doses of *Ziziphusspina christi* have no significant effects on proliferation of HEK cells in cell culture, according to which, it is speculated that the low doses of the extract have no impairing effects on normal cells.

ACKNOWLEDGMENT

We appreciate all who helped us to exert the present study.

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